



Year 6 Residential Boreatton Park October 12-14th 2022





Key information in summary

- We will be departing Wednesday morning at approximately 9:30 a.m. and will be returning on Friday afternoon at approximately 4:15 pm (if there is a change to this, you will be notified by the school office).
- 84 Year Six children and 10 adults will be going.
- All meals will be provided (full board). Any dietary needs can be catered for. Children will need a refillable water bottle.
- The children will be sleeping in bunk beds but will need to bring a sleeping bag and pillow case.
- A full **kit list** will be issued separately to this document. Children will be undertaking activities almost immediately upon arrival so will need to be dressed accordingly (those children undertaking raft-building as their first activity will be notified in advance).
- A **medical form** has been issued in person to your child and has also been emailed separately. This form will include contact details and space for medical information/dietary needs. If your child has medicine he/she needs for the trip, it will need to be stated on this form and signed over to staff by the morning of the trip at the latest.

Our Destination



PGL

- Boreatton Park is 20 minutes North West of Shrewsbury.
- It is set in 250 acres of grounds, with all activities taking place on site.
- It will take us roughly 2 hours to get there from school.
- We will aim to leave at 9:30 a.m. on Wednesday 12th August.

Accommodation



- The children will <u>reside on the first floor of the manor house</u> during their stay.
- School staff are also housed in this building and are always close at hand.
- The wash rooms are located near to the dormitories.
- There are separate girls and boys 'dorms' (8 in all).
- The dormitories will sleep between 4 and 12 children.
- The children sleep in bunk beds but <u>will need a sleeping bag and a pillow</u> <u>case.</u>
- We have asked the children to make some choices about who they would like to room with and will try to accommodate their preferences where possible.



Accompanying adults

School staff

- Mr Burdett (trip leader, asst. head, Y6 teacher)
- Mr Dunn (head teacher)
- Mrs Bird (Y6 teacher)
- Mrs Miles (Y6 teacher)
- Mr Fortuin (Forest Schools lead)
- Mrs Parker (ICT technician)
- Mr Gethins (Learning support assistant)

Volunteers

- Mrs Cooper (former member of staff and registered nurse)
- Mr Ballard (parent volunteer)
- Mrs Knight (parent volunteer)

PGL Group leaders

- Upon arrival, we will be met by our group leaders (usually two).
- They will facilitate most of the trip for us and be a constant, friendly presence for the duration of the stay.
- They will supervise/entertain the children between activities and will run the evening activities.



Daily meals



- Breakfast anything from cooked food to toast and cereals;
- Lunchtime choose from a variety of sandwiches, crisps, biscuits, fruit etc., or a hot lunch.
- Evening meal range of cooked food, including vegetarian dishes.
- A variety of drinks will be available in the cafeteria.
- Special dietary requirements all needs can be met. It is essential that any dietary needs/allergies are communicated in full on the medical form.



Basic itinerary



Wednesday 12 th October	Depart from school at c.9:30 a.m.	Arrive at PGL by 12:00 p.m.	Welcome talk from group leaders, basic orientation, health & safety.	Lunch 12:30 - 2:00 p.m.	Activity 1 2:10 p.m.	Activity 2 3:50 p.m.	Evening meal	Evening activity 7:30 p.m.	Lights out 9:30 p.m.
Thursday 13 th October	7 a.m. wake-up/ Breakfast 8 a.m.	Activity 3 9:00 a.m.	Activity 4 10:40 a.m.	Lunch 12:30 - 2:00 p.m.	Activity 5 2:10 p.m.	Activity 6 3:50 p.m.	Evening meal	Evening activity 7:30 p.m.	Lights out 9:30 p.m.
Friday 14 th October	7 a.m. wake-up/ Breakfast 8 a.m.	Activity 7 9:00 a.m.	Activity 8 10:40 a.m.	Lunch 12:30 - 2:00 p.m.	Depart 2 p.m	Arrive at school c. 4:15 p.m.			

Activities

- The children will be put into **7 activity groups (12 children in each).** These groups will be a mix of girls and boys and will be selected by school staff.
- Each activity will be led by a PGL instructor (sometimes two).
- At least one adult from our party will accompany each activity group and group leader (in some cases there will be two).
- The activity groups will complete **7 different daytime activities** at different times during the week (raft-building is a longer activity that will take two sessions).
- In addition to the daytime activities, the children will be undertaking **two evening** activities, one on Wednesday and Thursday night.
- Although the children will be encouraged to take part in all activities, no-one will be forced to do so.
- The activity programme is provisional and subject to change, but, as things stand, these are our 7 daytime activities...

Raft-building

At the water's edge, your team's challenge is to design and build a robust raft that will carry them successfully across the water using large plastic barrels, ropes and poles. Our staff can offer as much or as little assistance as you request for them - teamwork, communication and ingenuity are tested to the limit! Once the rafts are ready for launch, the fun begins on the water!



Jacob's Ladder

Are you hoping to improve your group's ability to work effectively as a team? Do you want them to learn to communicate better and cooperate more? Then Jacob's Ladder is one activity you won't want them to miss! Teams of three work together to get to the top of a 'ladder' made of suspended logs, which become progressively further apart the higher they get. It's great for improving communication, leadership and decision-making skills.



Challenge course

Obstacles and initiative exercises give members of your group some fantastic opportunities to work together as a team, make decisions, and solve problems. There are also plenty of chances to push individual limits and take on physical challenges too. But beware – if your group is going for it, they will need to be tough enough to laugh in the face of The Mud!



Zip wire

Once attached to the overhead wire, it's simply a matter of stepping off the platform to begin an exhilarating flight through the trees, across fields or even over a lake – there'll always be a great view to enjoy from the air! The speed and precariousness of the flight will require courage, determination and plenty of peer support and encouragement!



Archery

These sessions take place on indoor or outdoor ranges and we encourage safety awareness from the outset as we teach the basics. It's a great individual and team challenge, which needs accuracy, control, concentration and a steady hand. For groups that want to take it further, we can offer the 'Target Archery Award' to develop and test levels of skill.



Aeroball

It's a great opportunity to play a brand new team game. Described as a cross between trampolining, volleyball and basketball, this is a high-energy team game which helps develop team tactics and good communication – it's also lots of fun!



Climbing

An exhilarating and addictive experience with different skills involved – perseverance, strength, risk control, and the need to trust in your belay partner and equipment. On the ground, we'll introduce basic climbing techniques and once on the wall, each individual will need determination, clear thinking and adrenalin to reach the top! Climbing at PGL takes place on indoor walls or outdoor climbing towers – always with a top-rope belay for safety.



Evening activities

Wednesday – Passport To The World

The children are split into teams and given a list of national flags with a map. Each country on the map represents a plaque to find around centre. Each plaque features the country's flag and has a question relating to the country, which must be answered correctly before moving on to find the next flag and eventually returning to base.

Thursday - Snapshot

The children need to locate an area of the centre from a photographic clue. Once located, there will be questions to answer.

During the night



- There are always members of PGL staff on duty. One is stationed in the Manor House.
- Hall Orchard staff will be in rooms close by.
- Full-time nursing staff (24 hours of day).
- If your child should fall ill, you will be notified by phone.

The Experience



- Social skills
- Boosting confidence
- Appreciation of the environment
- Try new things
- Overcoming barriers
- Sense of achievement
- Team work



• Also enhances the Outdoor Pursuit elements of the PE National Curriculum

Behaviour

- We expect the children to represent the school whilst away and have the highest standard of behaviour.
- It is essential for everyone's health and safety that children listen to and follow instructions from all adults.
- In some specific cases, where there may be a concern, teachers will be arranging meetings before the trip to discuss behaviour expectations.

Miscellaneous

- Children *will not* be permitted to bring mobile phones or other technology (e.g. hand-held computer games) on the trip. Jewellery should also be left at home for safety reasons.
- There is a gift shop which the children will be permitted to visit during their stay should they wish. We would ask that any spending money is limited to a maximum of £10 and is placed in a named purse/wallet/plastic bag. It will be put in the care of their group leader on the first night and returned at the time of the shop visit.
- All documents and risk assessments for the trip will be available through the school website.
- More information is available here

https://www.pgl.co.uk/en-gb/group-residentials/sportsclubs/centres/boreatton-park

https://www.pgl.co.uk/en-gb/school-trips/resources/parentguide/about

