

School Update

Friday 22nd March 2024

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In this weeks update:

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Happy Easter!

The Easter holidays have arrived and we look forward to the holiday. It's fair to say that the children (and staff) are ready for a well-earned break in order that they can be recharged ready for the final term—one which unfortunately includes National tests for many. Our hard working Year 6 pupils have the biggest challenge so far in their educational career in their KS2 SATs in May, when they will be tested in Reading, Maths, Spelling, Punctuation and Grammar. They are a wonderful group of children with an array of talents who I'm sure will do themselves and the school proud.

This week we celebrated Easter at school with assemblies happening across the entire week. I'm sure the children enjoyed the perfect start to our celebration of this, the most important, Christian Festival. We concluded today's celebration assembly by wishing Mrs Parry all the best in her retirement—she leaves us today to spend more time with her grandchildren which I know she is looking forward to. She will be missed.

Anyhow, have a great Easter break. Rest up (if you can) and enjoy some quality time with your amazing children.

Steve Dunn, HT





	Summer Term 2024
April 2024	
Mon 8th	School opens for Summer Term Mrs Bird's Year 6 River Walk
Tues 9th	Mr Burdett's Year 6 River Walk
Wed 10th	Humphrey Perkins visiting Year 6
Fri 12th	Mrs Faulconbridge's Year 6 River Walk
Tues 16th– Thur 18th	Year 3 & 4 Spring Show—details to follow
Mon 22nd	Earth Day
Thur 25th	SEND Parent Coffee Morning 9-10.30am
May 2024	
Mon 6th	Bank holiday Monday
Mon 13th - Thur 16th	KS2 SATs (Year 6)
Sat 18th	Pre-School Open Morning
Mon 27th - Fri 31st	Half-term
June 2024	
Mon 3rd	INSET Day—children not in school
Tues 4th	School open for children today
Wed 19th	Year 4 & 5 at Twycross Zoo
Sat 29th	PTFA Summer Festival
July 2024	
Fri 12th	Last day of term

Parent Voice

The school Governors at Hall Orchard would appreciate it if you could take a few moments to answer some questions

about the school. This will help to inform and direct the Board's future activities.

To have your say, just scan the QR Code (above) and follow the link.

Many thanks,

Vicky Bowman, Chair of Governors



HOPS High 5

This week our whole-school reward system called HOPS High 5—based on our 5 core values was again celebrated. We've linked our school rules to these values so the children are rewarded for living them through their positive behaviours. They earn value points each time they demonstrate one of these values, with the overall aim of achieving enough points to receive a values badge. Interim certificates will be issued at regular milestones and weekly Values Awards are given out to children showing their commitment to the value of the week.



We were delighted to award our Values Awards in our **Easter** Assembly this week, with children from across the school receiving them for showing our Core Values.

We shared the story of Jesus' crucifixion and the important events which happened afterwards the Resurrection.

We reflected on what we can do to bring joy to others—from sharing Easter eggs with our friends and family to telling our mums and dads that we love them.

Well done to all those children who received awards (and also those who didn't!) for demonstrating our values this week!

Bronze and Silver Awards

This week we announced our first set of **Silver Award** winners alongside our Bronze Award winners! It was fantastic to celebrate the efforts of our Year 6 children who are a real credit to the school!

These children, and many others, are well on their way to being the first of our High 5 badge winners, which we hope to start giving out next term. Awesome stuff!

COMMUNITY NEWS & EVENTS



Rainbow Raffle Today [Friday] two of the lovely PTFA members and children from across the school drew the Spring Rainbow Raffle. Winners will be contacted shortly to arrange collection or delivery of the hampers. We will confirm the amount raised very soon.

Summer Festival - PTFA Stalls The PTFA will be running a variety of stalls...
...think glitter tattoos, facepainting, BBQing, the tuckshop and games...if you think you can help us with them, please do get in touch. Our events are only successful with the help of volunteers.

Summer Festival - Sponsorship This year we ae looking for **local businesses to sponsor** the event to help towards the cost of the event. If you work for or know any business that could help please let us know via email— ptfa@hall-orchard.leics.sch.uk

Summer Festival - Advertising The 'Save the Date' event poster is almost ready. If you live in an area that gets lots of footfall and would be willing to put a poster in your window etc. please let us know (again, via the email address above) and we will get a poster to you.

Easyfundraising Please support Hall Orchard CE Primary School PTFA on #easyfundraising today and raise FREE donations with your everyday online shopping at Tesco, eBay, M&S, Expedia, Just Eat and many more! Once you raise your first £5, easyfundraising will double it! Plus, join this month and we could win a £500 donation. Sign up here: https://join.easyfundraising.org.uk/hall-orchard-ce-primary-school-ptfa/2t6arl/c2s/EzDXUOsj/CR082/facebook/





TOPTIPS TO THE MANAGING SCREEN TIME

BUY

According to the latest stats, people aged between 8 and 17 spend four hours on digital devices during an average day. Obviously, a new year is ideal for fresh starts and renewed efforts – so lots of families are trying to cut down their combined screen time right now, creating more moments to connect with each other and relying less on gadgets to have fun. Our top tips on reducing screen time are for everyone, so you can get your whole family involved in turning over a new leaf this year!

GET OUT AND ABOUT

If the weather's decent, spend some time in the garden or go for a walk.

Even a stroll to the local shop would do: the main thing is getting some fresh air and a break from your screen.

TRY A TIMED TRIAL

When you're taking a screen break to do a different activity or a chore, turn it into a game by setting yourself a timer. Can you complete your task before the alarm goes off?

GO DIGITAL DETOX

Challenge yourself and your family to take time off from screens, finding other things to do. You could start off with half a day, then build up to a full day or even an entire weekend.

LEAD BY EXAMPLE

Let your family see you successfully managing your own screen time. You'll be showing them the way, and it might stop some of those grumbles when you do want to go online.

AGREE TECH-FREE

Nominate some spots at home where devices aren't allowed.
Anywhere your family gathers together, like at the table or in the living room, could become a 'no phone zone'.

HOLD A SCREEN TIME AMNESTY

As a family, agree specific windows when it's OK to use devices. This should help everyone to balance time on phones or gaming with enjoying quality moments together.

BE MINDFUL OF TIME

Stay aware of how long you've been on your device for.
Controlling how much time you spend in potentially stressful areas of the internet – like social media platforms – can also boost your wellbeina.

PARK' PHONES OVERNIGHT

Set up an overnight charging station for everyone's devices – preferably away from bedrooms. That means less temptation for late-night scrolling.

SWITCH ON DND

Research shows that micro-distractions like message alerts and push notifications can chip away at our concentration levels. Put devices on 'do not disturb' until you're less busy.

TAKE A FAMILY TECH BREAK

Set aside certain times when the whole family puts their gadgets away and enjoys an activity together: playing a board game, going for a walk or just having a chat.

SOCIALISE WITHOUT SCREENS

When you're with friends, try not to automatically involve phones, TVs or other tech. Having company can be loads more fun if your attention isn't being split.

WIND DOWN PROPERLY

Try staying off phones, consoles, tablets and so on just before you go to sleep. Reading or just getting comfy in bed for a while can give you a much more restful night.

Meet Our Expert

Minds Ahead design and deliver the UK's only specialist postgraduate mental health qualifications. They also provide training and support to education organisations and local authorities – empowering school leaders and staff with the knowledge and tools to shape their settings into inclusive communities where the mental health of pupils and personnel is prioritised.



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